

**SUGGESTED LEARNING ACTIVITIES:
ASSESSMENT TASK: CHILDREN'S GROUND – TEACHER'S NOTES**

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| UNIT 2 | Individual human development and health issues. |
| AREA OF STUDY 2 | Child health and individual development: Outcome 2 |
| KEY KNOWLEDGE | <p>Physical, social, emotional and intellectual development from birth to late childhood.</p> <ul style="list-style-type: none"> • The principles of individual human development. • The health status of Australia's children. • Determinants of the health and individual human development of Australia's children, including at least one from each of the following: <ul style="list-style-type: none"> - biological, such as genetics, birth weight and body weight. - behavioural, such as eating habits, level of physical activity, oral hygiene, breastfeeding and vaccination. - physical environment, such as tobacco smoke in the home, housing environment, fluoridation of water and access to recreational facilities. - social, such as parental education, parenting practices, media and access to healthcare. • Determinants that act as risk and/or protective factors in relation to one health issue such as asthma, falls and injuries, food allergies, juvenile arthritis or type 1 diabetes. • Government, community and personal strategies and programs designed to promote the health and human individual development of children. |
| KEY SKILLS | <ul style="list-style-type: none"> • Describe the characteristics of individual human development from birth to late childhood. • Interpret data on the health status of Australia's children. • Explain the determinants of health and individual human development and their impact on children using relevant examples. • Describe a specific health issue facing Australia's children and draw informed conclusions about personal, community and government strategies and programs to optimise child health and development. |
| LEARNING AIM | Students will investigate Children's Ground as a community program that optimises children's health and development. |
| LEARNING PROCESS | To be advised in each activity. |
| RESOURCES | Children's Ground Case Study and Infographic, available online Australian Institute of Health and Welfare website: www.aihw.gov.au |

LEARNING ACTIVITIES

*These are available as
Student Worksheets.*

ACTIVITY 5: ASSESSMENT TASK: CHILDREN'S GROUND

Below is the Assessment Task, worth 25 marks, and suggested solutions.

Instructions:

- Students are to attempt all questions in the spaces provided.
- Answers are to be written in English with blue or black pen.
- The task should be completed individually.
- 60 minutes will be allowed to complete this task.
- Students will need to refer to the Children's Ground Case Study document.

Question 1

a) Identify two principles of individual human development. (2 marks)

1 mark for each correct principle identified. i.e. pattern of development is orderly and predictable early development is essential for later development growth and development are continuous rates of development are individual

b) Use an example from Children's Ground for each principle of development selected in 1a to describe how it impacts on development. (2 marks)

1 mark per example from Children's ground that is correctly matched up to the principle of individual human development.

- 1. Providing classes in their own language and western language allows for the individual to develop at a rate that suits them and is tailored to them.*
- 2. Providing nutrition with two meals a day at Children's ground supports the development that is occurring now and the physical development that will happen later in life.*

Question 2

a) Define health status. (1 mark)

An individual's or a population's overall health, taking into account various aspects such as life expectancy, amount of disability and levels of disease risk factors. (AIHW, 2008).

b) Discuss how Children's Ground could impact on the health status of children involved in the program. (4 marks)

Two main points, two marks for each point that links health status outcomes to the Children's Ground program. Children having access to nutritious meals through the kitchen will support children be free of illness and possibly lead to lower morbidity statistics.

Life expectancy should be extended in the indigenous population as children are participating in programs such as the Circus. The physical activity should support participants to maintain a healthy body weight and prevent long term chronic conditions that may shorten their life expectancy.

LEARNING ACTIVITIES

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Question 3

a) Identify one example of a behavioural determinant, one physical environment determinant and one social determinant that is evident in the Children's Ground. (3 marks)

1 mark for each correct example selected from Children's Ground for each determinant.

- Behavioural determinant: Circus
- Physical Environment determinant: Family health and wellbeing
- Social determinant: Song and Dance Nights

b) For each determinant listed explain how the Children's Ground optimises the child's development. (6 marks)

2 marks for each determinant that explains how the Children's Ground will optimise development.

- Behavioural determinant: The Circus provides children with an opportunity to be involved in regular physical activity. This will impact on the physical development of the child as it will lead to improved bone development participating in weight bearing activity.
- Physical Environment determinant: The access to health care in both a culturally acceptable manner and at venues that are local will support the physical development of the children as their milestones can be monitored and feedback on health care practices can be provided to ensure these are optimized.
- Social determinant: The song and dance nights provides opportunities for members of the community to make social connections this will give members of the community a chance to interact with others and learn skills and behaviours that support positive relationships optimizing social development of children.

c) Select one determinant selected in 3a and discuss how it acts as a risk or protective factor for health of children. (3 marks)

No mark given for determinant selected, 2 marks for discussion about the determinant and how it protects the health of children

- Determinant selected: Social determinant
- Discussion: Song and Dance nights bring the community together. They learn the stories of their culture from each other, this supports children emotional development as they have a sense of identity and therefore mental health should be optimized as they have a positive self esteem.

Question 4

Provide informed conclusions about Children's Ground and the impact it has on Children's health and development. (4 marks)

2 marks for an informed conclusion about Health and 2 marks for an informed conclusion of development that correctly relates to the Children's Ground program.

- Health: The morbidity rates of children and under 5 mortality rates of children should decrease over time as children have access to health care to treat illness or disease promptly and access to nutritious meals that will support children maintain a healthy weight that will decrease the likelihood of lifestyle diseases now and into the future.
- Development: Children should experience a high self esteem, positive social interactions and reach physical milestones as the Children's Ground is a holistic approach to optimising the well-being of the indigenous population in a culturally sensitive manner.